

## Sally-Anne Upton

2 / 2 FLINDER ST HEIDELBERG HEIGHTS VIC 3081  
Mobile 0407-352-291  
upton.girl@icloud.com

Registered RN Division 2 Nurse -**REG NO 141340**  
Member Media Entertainment Arts Alliance Victorian **No 3070191**  
HLTAID003 – Provide First Aid  
22099VIC – Course in First Aid Management for Anaphylaxis

### 2001-2024: Unit Nursing Triage on Film/TV/Commercials

- Providing first aid cover and primary healthcare to the cast and crew on film production. includes ensuring that people are looking after their own health. Triage and first aid skills are needed in order, to look after the cast and crew medically.
- Sally-Anne works within the television and film industry for various production companies as a unit nurse, a medic and sometime's medical advisor. This involves various skills as an autonomous practitioner, assisting with day-to-day ailments to potential injuries when dangerous stunts are performed on set and locations. These involve health care checks and other official duties as a nurse.
- Sally-Anne also has a police check and working with children's card NO: 03934770-03

### 2003-2024: SIMULATOR

- An SP- for Diploma of Nursing and Community Services for Holmesglen Institute compasses across Melbourne. As an actor/simulator for teaching/assessing, nursing and medical practitioners' skills of practice through practical, hands-on scenario simulations.

### 2010-2024: Medical Advisor

- Medical advisor for Neighbours and other various film and television productions.

### 2013-2024 Child Chaperone/Nurse/WWC

- Chaperoning and tutoring babies/children onset or stage, in front of or behind the camera.
- As a professional actor, Sally-Anne can marry all her skills and has become a very sort after chaperone/tutor to employ on any production.
- 2020-2022- Sally-Anne looked after newborn babies' onset of Neighbours throughout the pandemic.
- Police check and working with Children card NO: 03934770-03
- Plus, Sally-Anne can assist and prepare all child employment paperwork.

### 2020-2022 NURSE/FRONTLINE WORKER

- Throughout the COVID-19 pandemic, Sally-Anne was fundamental in keeping the production of Neighbours up and running. This in turn paved the way and set up the essential blueprint for other productions to follow, allowing them to start the camera's rolling again on their productions around the world.
- Sally-Anne was indispensable, and we owe a great deal to her hard work and dedication throughout this time. In her own words *"It was the hardest job I have ever endured but so rewarding, I feel very proud to have been a part of the team, but I never want to do that again!"*

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### 2010 -2016: First Aid assessor with FIRST AID CONSULTANTS AND TRAINING

- Assisting assessing first aid training HLTAID003 – Provide First Aid 22099VIC – Course in First Aid Management for Anaphylaxis. Performing medical scenarios as a teaching aid.
- Also, performed as an Actor in clinical/medical scenarios. Having a background in Nursing as well as being a professional actor, marrying these two skills, I can bring an authenticity to each scenario

### 2003-2004: Private Palliative Care Nurse

- Supporting the patient/client with palliative care nursing
- Working closely with the patient/client's family members.
- This work can include helping families to take on a caring role; and helping them make decisions with, or on behalf of, the patient.
- Providing comfort in the lead-up to, and after, the patient/client's passing.

### 1995-2000: Agency Nursing in Hospitals & Nursing Homes all over Melbourne Metro Area

- General Wards and Duties
- Acute Care
- Specialist Care
- Aged Care
- Community Care

### 1995-2000: Life Aid Training & ANF Victoria

- Assisting in assessing first aid training. Provide First Aid Course in First Aid Management for Anaphylaxis
- Also, performed as an Actor in clinical/medical scenarios. Having a background in Nursing as well as being a professional actor, marrying these two skills, I can bring authenticity to each scenario.

### 1988-95: ALL AREAS NURSES AGENCY

Working in Hospitals & Nursing Homes all over Melb Metro Area

- General Wards and Duties
- Acute Care
- Specialist Care
- Aged Care
- Rehabilitation

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### 1985-88: Agency Nursing in Hospitals Albury /Wodonga and boarder districts

- General Wards and Duties
- Acute Care
- Specialist Care
- Aged Care
- Community Care

### 1982-85: ALBURY BASE HOSPITAL “Hillary House” Unit for the aged.

- General Wards and Duties
- Acute Care
- Specialist Care
- Aged Care

### 1981-82: PRINCE HENRY HOSPITAL

- **Theatre & Ambulance -Escort Nurse.**  
Medically looking after patients taking them to and from operating theatres.  
General nursing ward duties
- Plus working within the Prison Ward Long Bay NSW, Medically looking after patients taking them to and from operating theatres. Plus general nursing ward duties.

### 1979-81: PRINCE OF WALES HOSPITAL

- Anaesthetic Nurse for General Theatres.
- Had the privilege & honour of working along side Eye Surgeon ‘Prof Fred Hollows’ as his Anaesthetic Nurse.

### 1978-79: PRINCE OF WALES HOSPITAL Rehabilitation & Diversional Therapist Nurse.

- As a Diversional Therapists I work in Rehabilitation & hospital units working with a client to achieve positive health outcomes by incorporating leisure programmes into their lifestyles.
- Assists decision-making and participation when developing and managing these programmes. These are often quite diverse and can range from:
  - Games, outings, gardening, computer’s, gentle exercise, music, arts and crafts.
  - Individual emotional and social support
  - Sensory enrichment, activities like massage and aromatherapy, pet therapy
  - Discussion groups, education sessions like grooming, beauty care, cooking
  - Social, cultural and spiritual activities.

## NURSING CV

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#### NURSING TRAINING

##### 1977-78: SOUTH SYDNEY HOSPITAL- All wards Including Theatre/Casualty

Working in Sydney's top educational nurse aid training hospital. Working in and receiving intense nursing training across ALL wards and departments.

- Acute Care ICU
- Specialist Care
- General Wards & Duties
- Paediatric Care
- Operating Theatres
- Casualty-Emergency Care- Triage
- Aged Care
- Rehabilitation
- Community Care

#### PRE- NURSING TRAINING

##### 1976-77: LITTLE SISTERS OF THE POOR Nursing Home For The Aged

##### **Nurses Assistant**

- General Wards & Duties
- Aged Care